

Ripple Effects for Teens

Skills and Strengths topics (Visible on Scorecard and Data Viewer)

accepting	criticism-dealing with	group skills	patriotism
responsibility	curiosity	hanging out	perseverance
active listening	decisions	happiness-practicing	perspective taking
anger	democracy-doing	helping others	physical sensations
anxiety	diet-healthy	home alone	predicting
apologies	digital citizen	hopeless	consequences
arguing	disappointment	humor	predicting feelings
asking questions	discouraged	ignoring	problem-naming
asserting yourself	discrimination	integrity	problem-solving
assertive eyes	discussions-having	intelligences	procrastination
assertive message	diversity-cultural	internal triggers	quitting
assertive posture	diversity-ethnic	internet-sharing	quitting habits
assertive reasons	diversity-gender	introducing yourself	reflecting on
assertive voice	diversity-physical	inviting someone	performance
authority-dealing with	diversity-preferences	jealousy	relaxing
beliefs-standing up for	diversity-religious	job	reliability
belonging	effort	joining a group	resilience
body	ELL	justice	resisting pressure
body image	embarrassment	kindness	resolving conflict
body language	emotional maturity	knowing who you are	resources
bored	empathy	learning style	responsibility
brain	envy	letting go	responsibility-for
brainstorming	evaluating alternatives	liking yourself	feelings
breathing	exercise	limits-setting	restoring justice
cell phone	exercising rights	losing	sadness
change	experimenting	love	saying what you need
change-unplanned	expressing feelings	loyalty	self-efficacy
changing feelings	expressing sympathy	loyalty to country	self-esteem
character	fairness	luck	setting goals
college	faith	making friends	shame
communicating	family background	making space	sharing
feelings	fear	managing feelings	showing care
communication skills	feelings	mentors	shyness
community history	feelings-names for	mindfulness	sleep problems
complaints-making	forgiving	mistakes	social media
compliments-giving	friendly	mixed feelings	social values
compliments-receiving	friends	money	social-emotional skills
confronting behavior	friends-choice of	motivation	solidarity-showing
confronting injustice	frustration	natural disasters	solutions-trying
control-taking	future	new kid	sports & exercise type
controlling impulses	generosity	norms	sportsmanship
conversations	getting help	online safety	stereotypes
counselors-using	glasses	organized	stopping reactions
courage	grades	outside triggers	strengths
courtesy	gratitude	paraphrasing	stress
creativity	grit	parent-talking to	study habits

success-phobia
temperament
tests

thanking someone
tolerance
trustworthiness

understanding motives
values
video games

what you love
winning

Problem behavior topics (Visible on Scorecard ONLY)

aggression
alcohol
attendance
attention
blurting out
breaking rules
bullying
cheating-in school
chew
cigarettes

clothes-rules
cursing
cutting class
defiance
disrupting class
ethnic slurs
fighting
gambling
graffiti
hate crime-you do

hazing
hitting
horseplay
instructions-following
late
lying
marijuana
name-calling
pushing
respect-showing

sexual harasser
stealing
suspended
talking back
teacher
teasing
vandalism
vaping
weapons

“Personal” topics (NOT Visible)

abandoned
abstinence
abuse-boy/girlfriend
acne
addicted
addicted parent
ADHD
adopted
after high school
AIDS
alcoholic-you
anorexia
antidepressants
appearance
arrest
arson
autism
backlash target
beat up-victim
beaten
betrayed
binge eating
birth control
birth order
blankie
blind
body odor
bra
bragging
breaking up
bulimia

bullied
cigars
clique
cocaine
condoms
connected
consent
crazy feelings
crush
crying
curfew
cutting yourself
dating
deaf
death
depression
dieting
discipline
disrespected
dissent-supporting
divorce
domestic violence
downers
driving
driving drunk
dropping out
drugs
drugs-designer
drugs-friend using
eating disorder
emotional abuse

expectations
failing
failure
family-embarrassing
fingernails
foster home
friends-fighting
gangs
gay bashing
getting support
gossip
grief
guilt
guns
hallucinogens
hate
hate crime-target
heroin
HIV
homeless
hormones
hospitalization
hurting animals
immigrant
incest-victim
intellectual disability
internet-bullying
internet-harassment
internet-hate speech
internet-sexual
exploitation

internet-threats
invisible
isolated
jail
knives
learning disability
left out
loneliness
loner
making out
masturbation
mean
meth
military
mindset
mixed race
molested
molester
money-not enough
narcotics
neglected
neighborhood
nervous habits
numbness
obesity
obsessing
panic attacks
parent drug dealer
parent in jail
parenting-teen
parents

period
 pet dying
 physical disability
 place-sense of
 PMS
 police
 popular
 porn
 pregnant
 prejudice
 prescription drugs
 probation
 prostituted
 put-downs
 racial conflict
 racism
 rape-offender
 rape-victim
 rebellion
 recklessness

refusing sex
 relapse
 religious attack
 reputation
 resentment
 revenge
 risk and protection
 Ritalin
 roofie (rohypnal)
 running away
 rural
 school-hate it
 school-unsafe
 secrets
 self-acceptance
 self-care
 selling drugs
 sex
 sex-resisting
 temptation

sex-safer
 sexting
 sexual diseases
 sexual orientation
 sexually harassed
 shoplifting
 sibling rivalry
 sick-a lot
 sniffing
 snitch
 somatic disorder
 special ed
 stalked
 stalker
 stepfamilies
 steroids
 stuttering
 substance abuse
 success-pressure
 suicidal

suicidal friend
 synthetic drugs
 terrorism
 threats-to kill
 touch
 transgender
 trauma
 TV
 undocumented
 undressing
 unworthy
 victim
 violence
 vulnerable
 weight
 wheelchair
 witness to violence

Topics with “Profiles”

ADHD
 alcohol
 asserting yourself
 belonging
 control-taking
 controlling impulses
 creativity
 decisions
 democracy-doing
 diversity-gender

drugs
 empathy
 future
 gratitude
 humor
 internet-expressing
 yourself
 internet-harassment
 internet-reading people
 internet-rude

learning disability
 learning style
 love
 luck
 managing feelings
 marijuana
 meth
 norms
 racial conflict
 resilience

risk and protection
 showing care
 sports & exercise type
 standing strong
 strengths
 substance abuse
 teacher
 temperament
 trauma
 values